

17TH STREET PLAZA

1225 17th Street, Denver, CO 80202

Fire/Life Safety Training

Welcome To Class

Fire/Life Safety Training

- Fire Life Safety Systems
- Elevator Emergencies
- Bomb Threat
- Severe Weather
- Suspicious Package
- Active Threat



Workplace Fires

Each year in the U.S. an average of more than 70,000 workplace fires occur.

2016

In 2016, workplace fires caused 88 civilian deaths



Bureau of Labor Statistics

2017

In 2017, they caused 123 civilian deaths



Fire Alarm Activation

A fire alarm will sound when one of the following devices is activated:

Smoke/heat detector



Fire suppression sprinkler head



Manual pull station



All these devices are placed throughout the building based on fire code.

Building Reaction to Fire Alarm

Fire alarm activation will automatically initiate the following:

Horns and strobes will be activated



P/A and notification system



Building pressurization (smoke management) system in stairwells, elevator shafts, alarm-and-adjacent floors.

Emergency power: The building is equipped with an emergency generator that will supply power to fire/life safety systems:

- Emergency lighting
- Fire alarm and detection systems
- Smoke management system

Elevators recall to first floor and lock open.



Find An Exit & Resources



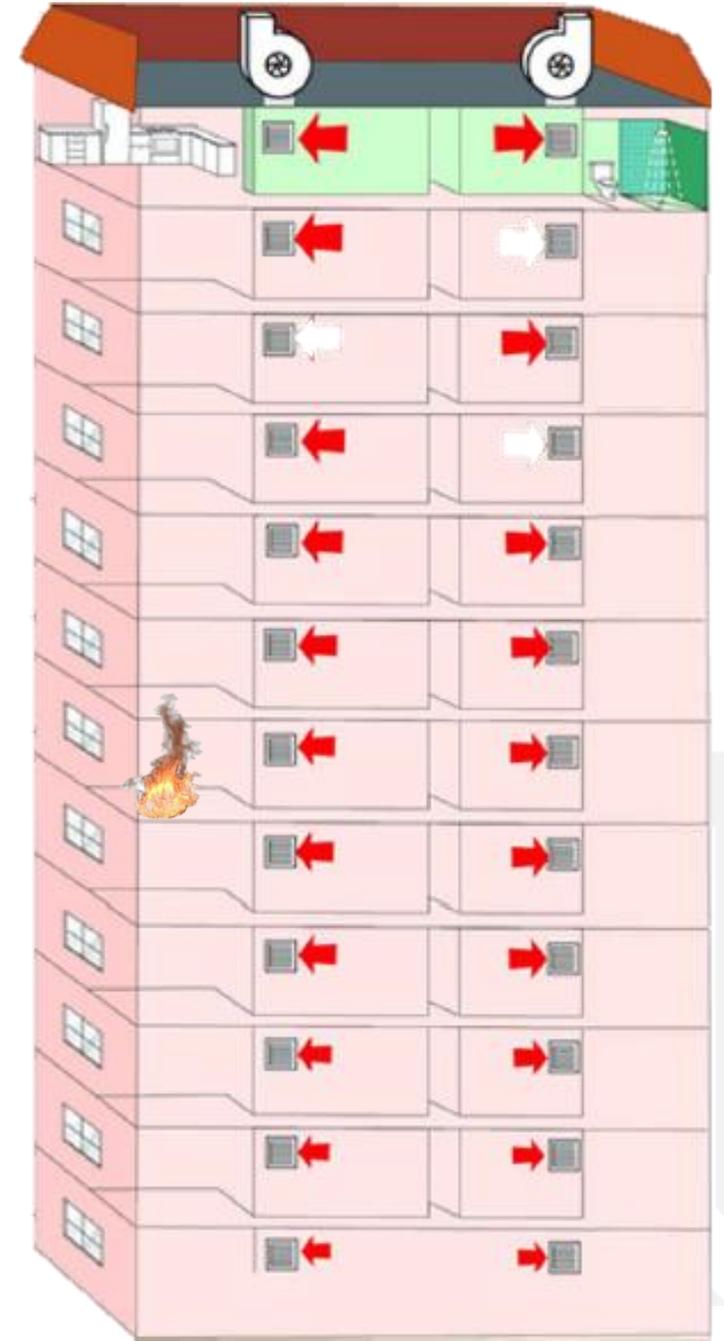
Fire Alarm System

Activation of a fire-alarm-initiating device
will sound the alarm on:



- The floor above
- The originating floor
- The floor below

The ground floor



Evacuation

Movement out of the building to a safe area a sufficient distance (300 feet) from the building.



GET OUT DONT CALL BUILDING STAFF WITH QUESTIONS.

Evacuation is accomplished with:

- Floor/tenant wardens {and alternates). 1 :25 ratio
- Buddies {and alternates).
- Other positions as determined by wardens.



- Evacuees exit using both sides of the stairwells, always traveling down.
- Running and talking are not permitted.
- **HANDS SHOULD BE EMPTY**
- No phones
- No food
- Footwear consideration



NOTICE
**NO FOOD
OR DRINK
PERMITTED**



Persons Requiring Assistance

- Persons requiring assistance should be aided in evacuating last or left in the safe shelter area under the supervision of a buddy.
- Emergency personnel will affect a rescue if necessary and when it is safe to do so.



Warden Responsibilities



Preparation:

- Be familiar with Emergency Plan, exits, fire-fighting equipment, etc.
- Maintain a current list of persons needing assistance and their location. Assign Buddies.
- Select alternate warden(s) and advise them of your absence. (VESTS}
- Attend training sessions; train your people.



When you hear an alarm:

- Direct personnel to evacuate using nearest exit.
- Verify that Buddies are aiding those who need assistance.
- Ensure an orderly, expedient, and safe evacuation.
- Notify emergency personnel of injuries, smoke in stairwells, or other hazards.
- Follow the building's tenant accountability procedure.
- Do not return to building until all-clear is called.



If you discover a fire:

- Leave area immediately. Close doors and advise others of the danger.
- Activate alarm using manual pull station on your way out.
- Call 911 and property management to notify of fire's location.
- Use a fire extinguisher to fight the fire ONLY IF:
 - User is properly trained
 - Fire is small enough to be contained
 - An escape route is available



P - Pull the pin
A - Aim
S - Squeeze
S - Sweep

Other Important Things to Remember:

Treat doors with caution.

- If warm or hot, use another route. Call 911 to report.
- If normal temperature, open with care.

If you are trapped:

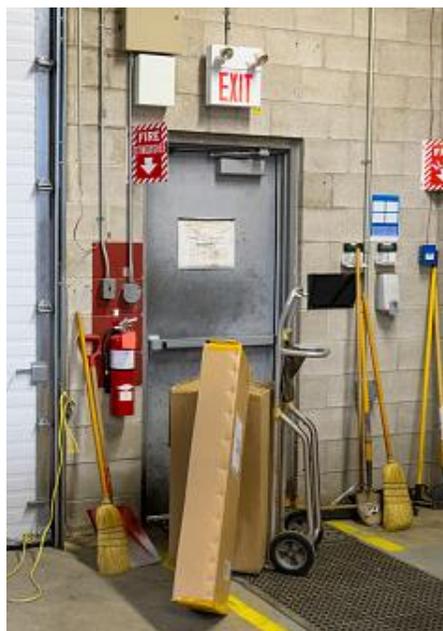
- Close doors between you and the fire.
- Seal off cracks and other openings.
- Call 911 and alert them to your location.
- Wait to be rescued and REMAIN CALM.



Fire Prevention

Don't live with unsafe conditions:

- Space heaters are not allowed in the building.
- Turn off ALL devices “OFF” at night.
- Do not obstruct sprinkler heads or other building safety features.
- Ensure clear doorways and exit corridors.
- Avoid overloading circuits, extension cords, etc.



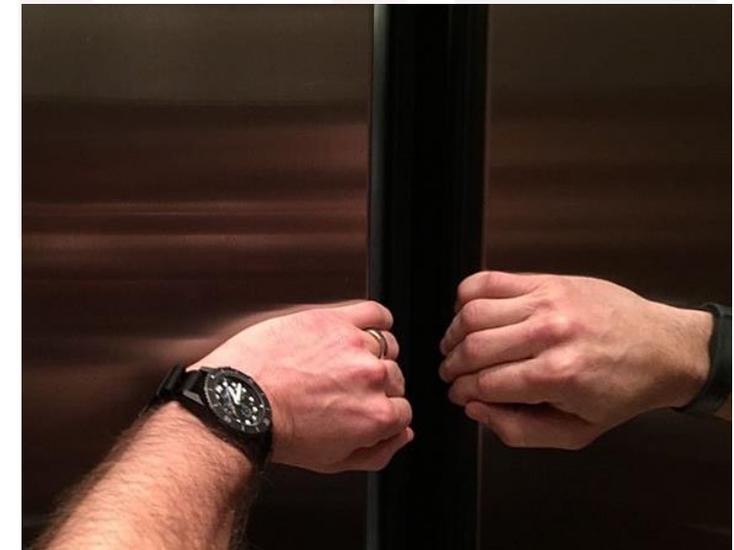


Elevator Emergency



If you are trapped in an elevator:

- Call Button- elevator company/security desk
- Remain calm until help arrives. Sitting on the floor while waiting will help.
- DO NOT try to force the doors open.
- Never attempt to leave an elevator that stuck between floors unless instructed to do so by emergency personal.
- In the event of a power failure, emergency generator retrieves elevators to main floor.



Severe Weather/Tornado

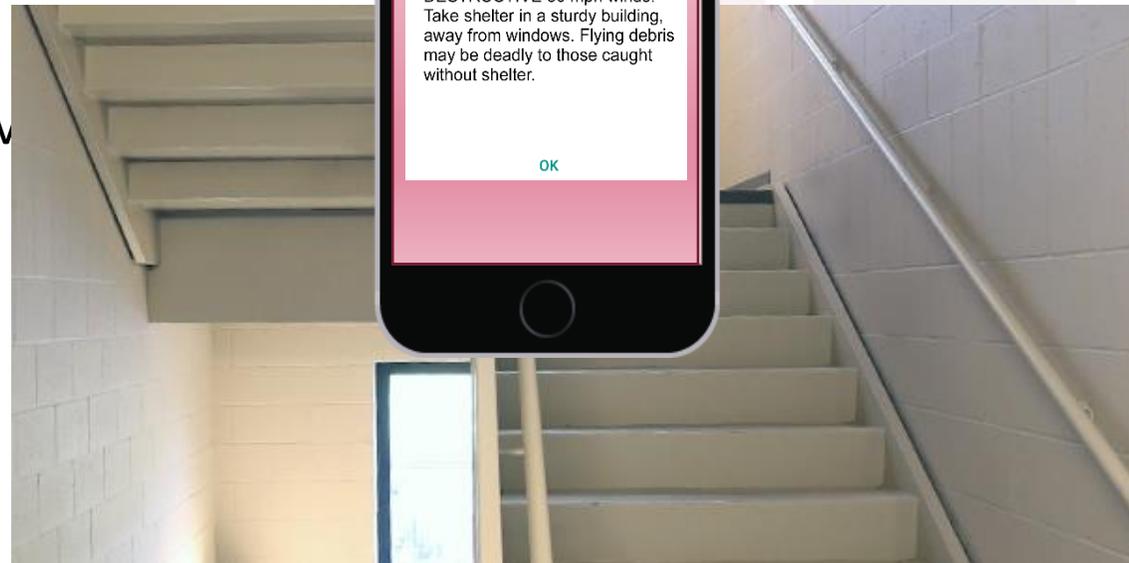
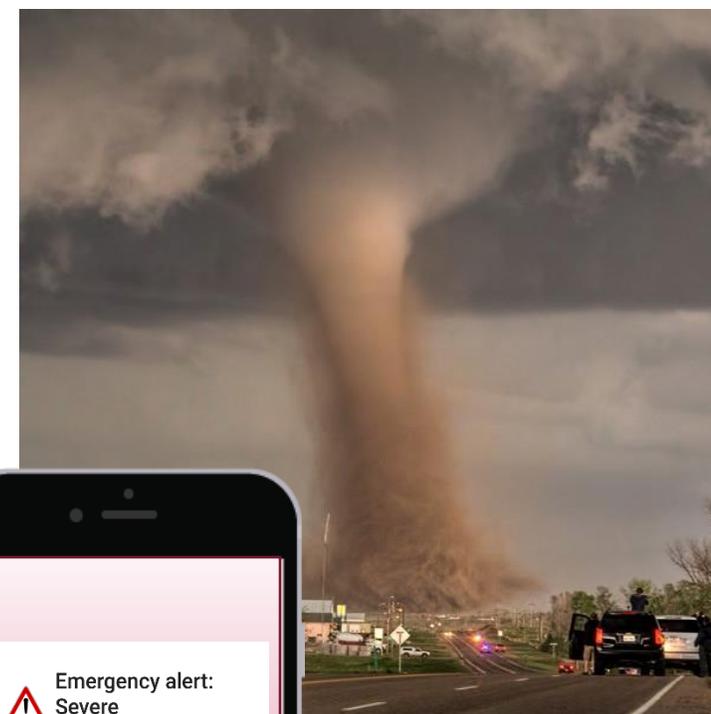
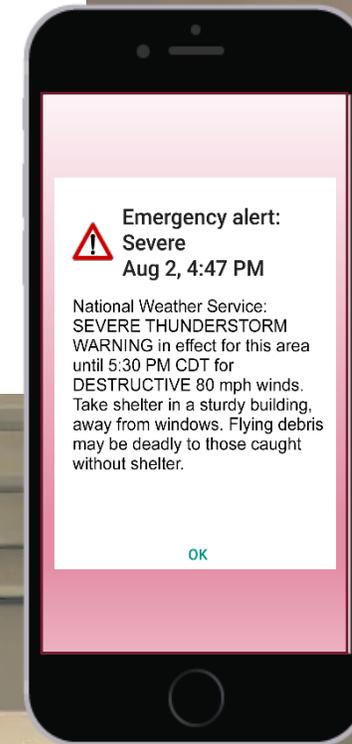


Watch: Be on the lookout for a possible tornado in the area.

Warning: Funnel has been spotted in the area

How do you receive notifications?

- Move away from the building perimeter and exterior glass.
- Take shelter in an area toward the mi the building, such as elev stairwells, or restrooms.
- Do not go to first floor lobby building.
- Wait for verification that the danger has passed.



Bomb Threat & Suspicious Package

All **bomb threats** must be taken seriously, especially if they are specific.

- Stay calm.
- Follow checklist in Emergency Action Plan - (keep near phone).
- NOT an automatic evacuation - don't sound alarm
- Call 911 and building management.
- Be prepared to assist in search.



A **suspicious package** may represent an imminent threat.

- May be mailed, delivered by courier, or planted.
- Do not handle.
- Call 911 and keep a safe distance.





Denver's Emergency Alerting Systems

Denver has two ways of directly notifying residents and visitors about emergencies as they happen and what actions people should take to remain safe. Our Reverse Emergency Notifications **require people to sign up** while our Wireless Emergency Alerts do not.

Wireless Emergency Alerts (WEA)

Denver has used Wireless Emergency Alerts to keep the community informed since 2013. When there is an emergency relevant to your location, you will receive an alert on your phone, similar to an Amber Alert with guidance on what to do to remain safe. You do not need to sign up to receive these alerts, however, you can check this by following the directions a:

<https://denvergov.org/files/assets/public/emergency-management/images/wea-directions.pdf>



Reverse Emergency Notifications (REN)

Denver's Reverse Emergency Notifications (REN alerts) send an alert to the public via voice call, text message or email when there is police activity in their designated areas. The alerts provide direction and information on how the public can remain safe during an incident

<https://member.everbridge.net/509490495488038/login>

Medical Emergencies

- Call 911 and report that you have a medical emergency.
- Provide information as prompted by the dispatcher.
- Perform first aid/CPR to your level of training.



Improve paramedic response time by:

- Notifying property management of the emergency.
- Assigning someone to meet responders at elevator.



Active Threat



Property management/Tenant relationship changes

A key to staying safe when an active shooter is nearby is



SITUATIONAL AWARENESS:

- **PAY ATTENTION TO EXITS.** Identify the two nearest exits. The way you entered may no longer be safe.
- **MAKE A PLAN.** Decide ahead of time what actions you could take. Play “what if?” games.
- **ACT DECISIVELY.** If what you hear might be gunshots, don’t hesitate.



RUN

HIDE

FIGHT

BE PREPARED | ACTIVE THREAT RESPONSE

Resources:

We recommend taking the "Active Shooter: What You Can Do" course (Course Code 15-907) which is part of FEMA's free Independent Study Program found at (www.training.fema.gov)

Other excellent sources include the Department of Homeland Security (www.dhs.gov). Also Houston Police's Run, Hide, Fight video and L.A. County Sheriff Dept's Surviving an Active Shooter, both accessible on YouTube.



FEMA

ACTIVE 
SHOOTER